Theosophical Guru Benjamin Creme subscribes to the Theosophical view that the Nordic aliens (like those seen by George Adamski—Creme accepts Adamski's UFO sightings as valid) pilot flying saucers from a civilization on Venus that exists on the etheric plane (Theosophists believe that since the Venusians' civilization is on the etheric plane, the heat does not affect them) and are capable of stepping down the level of vibration of themselves and their craft to the slower level of vibration of the atoms of the physical plane. It is also believed in Theosophy that the governing deity of Earth, Sanat Kumara, is a Nordic alien originally from Venus. Sanat Kumara is said to live in a palace in a mythical city on the etheric plane of Earth called Shamballa, which is said by Theosophists to be located above the Gobi Desert.